





Dr B N Patil Chairman 2022 Dr Shivaram H V Chairman Elect Dr Chandrshekhar S Honorary Secretary Dr Chandrashekar N Honorary Treasurer

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Dr B N Patil Chairman 2022



Dr Chandrshekhar S Honorary Secretary



Dr Chandrashekar N Honorary Treasurer







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Executive Committee 2022



Dr Shivaram H V Chairman Elect 2022



Dr Aravind Patel Past Chairman



Dr Dinesh H N E C Member



Dr Sarvesh Raje Urs AS E C Member



Dr Vijaykumar H E C Member



Dr Naaz Jahan Shaik E C Member, Sc Com



Dr Kalaivani V E C Member & Editor,Shastra



Dr Y Guru basavana Gouda E C Member



Dr Rajashekar C Jaka E C Member



Dr Amaresh V iradar E C Member



Dr Vijay V Kamat E C Member







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DR G SIDDESH , PRESIDENT ASI 2022



Dr Rajgopal Shenoy National EC Member



Dr Ishwar Hosamani National EC Member



Dr Gurushanthappa National EC Member



Dr Diwakar Gaddi National EC Member



Dr K Lakshman Advisor



Dr S Soppimath Advisor



Committee



Dr Ramakrishna H K Scientific Committee



Scientific Committee







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Chairman 2022 Dr B N Patil

Dear Surgeons,

KSC ASI is the most active & vibrant chapter of ASI with Highest number of Social Security Scheme Members & 2nd Highest ASI members. Its possible because of our stalwarts who have set such high standards & the involvement all our members in Academic & Social activities of ASI.

We are privileged & proud to have ASI President of our Chapter i.e Dr Siddesh G who leads by example & under his leadership & guidance we have taken up almost all academic activities.



Our Chapters Past Chairman & Chairman of Scientific Committee Dr Tejasvini is leaving no stone unturned to conduct Scientific programs regularly on Zoom platform ,KSCASI energetic Secretary, Dr Chandrashekar is organizing regular EC meetings, with the feedback of our members, EC state & National members we are trying to implement & conduct all the activities .

We request all the Medical College Faculty & Branches to actively participate in all activities of KSCASI ,bring new members to ASI & make all members part of Social Security Scheme which is really beneficial to all our member's family .

Jai Hind Jai Karanataka Dr Basanagouda N Patil







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Secretary's desk... Dr.Chandrashekhar S



Dear Members

Greetings from KSCASI.

Hope to find you all in good health despite the covid pandemic. We have all experienced a different, fearful and challenging situation and hope to overcome this very soon.

We took charge of KSCASI office from February 14th 2021. The previous Executive Committee, headed by Dr.SS Soppimath have done a wonderful job during Covid 19 pandemic. Dr.Gaddi Diwakar executed his chores excellently. All meetings and conferences were conducted virtually. I think for the first time elections for KSCASI were conducted online and that most of the documents were digitalized by this team.

KSCASI has a good number of ASI members and I request the office bearers of all branches to report all the programs organised by them on time to KSCASI so that the same will be sent ASI head quarters.

I request the support of all the members of KSCASI so as to excel in our academic activities. We have planned to organise accademic activities, once a month at the State level by the scientific committee headed by Dr.Lakshman.K.

I hope our official Newsletter SHASTHRA, will come out with you lot of information contributed by all the members and the editor, Dr.Kalaivani. Long live KSCASI

Dr.Chandrashekar S Secretary KSCASI







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Dr Chandrshekhar S Honorary Secretary

Dr Chandrashekar N **Honorary Treasurer**

Editor's desk...

Dear Esteemed Members of KSC.

The Surgeons of Karnataka have proved their academic excellence quietly at several occasions, nationally and internationally. SHASTRA, the state newsletter is the platform to showcase our academic and scientific work.



My sincere request to all the surgeons and postgraduate students to make the fullest use of this platform by contributing scientific material on research, recent advances in surgery, newer guidelines and individual academic and nonacademic achievements. Let us all strive together to take SHASTRA and KSCASI to newer heights.

Dr Kalaivani V Chief Editor

Dear Colleagues,

I request you to send your contributions under the following. We also welcome contributions from our postgraduate students too.

Academic Article
Plsease send Original articles, Guidelines,
Humour,
stories, Trivia, Quiz questions and interesting
Case report or Case series with Review of
literature for academic purposes.

Opportunities/Classifieds

Relevant Jobs, Advertisements and Upcoming Events can be included at a nominal fee as per the discretion of the Editorial team.

Non Academic

Inviting articles - That may be appropriate and interesting to the members. Examples: Life beyond surgery, My daily routine, How I manage Stress, Interesting place I traveled, Books I recommend. Personal achievements.etc.

Feedback/ Suggestions

Any other suggestions for improvements, feedback, Letters to the Editor, any other Inputs are welcome.

Please mark your contributions to: emagazineshastra@gmail.com Please also send your Name and Contact Number Rwgards Kalaivani V







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Dr Chandrshekhar S **Honorary Secretary**

Dr Chandrashekar N **Honorary Treasurer**

KSCASI Activities





Organising Committee



Dr. H N Dinesh rganising Chairman



Dr. Lokesh M G Irganising Secretary Dr. Bhaskar M M **Joint Secretary**



Dr. Sarveshraje Urs **Organising Co-Chairman**





Dr. Srivatsa Merta K Dr. Harish Kumar **Joint Secretary**

Treasurer

Dr. Shiyakumar S

Organising Co-Chairm

Advisors

- C G Narasimhan Avadhani Geeta K C P Madhu
- Dr. Sharath Chandra B J Dr. Shivakumar M Dr. Vasanth Kumar S B

Dr. Nandish V L Dr. Ruben Prakash Dr. Narasimhaswamy P







Dr Shivaram H V **Chairman Elect**

Dr Chandrshekhar S **Honorary Secretary**

Dr Chandrashekar N **Honorary Treasurer**

KSCASI Activities MIDCON 2022, Mysuru

















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KSCASI Activities MIDCON 2022



Team Mysuru conducted an extraordinary KSCASI midCon2022 which was a huge success. With more than 450 participants, excellent venue, Pre-conference operative workshop, scientific programs,gala dinner & great hospitality, it was like annual conference! I heartily congratulate Team Mysuru lead by dear Dr Dinesh, Dr Chandrashekhar,Dr Sarvesh & others. Proud of you all . Dr H V Sivaram







Dr Shivaram H V **Chairman Elect**

Dr Chandrshekhar S Honorary Secretary

Dr Chandrashekar N **Honorary Treasurer**

KSCASI Activities MIDCON 2022





Pre Conference Workshop







EC Meeting







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Dr Chandrashekar N Honorary Treasurer

Branch Activities

SURGICAL SOCIETY OF BENGALURU ASICC (R) [48years] 1974 – 2022] www.ssbasicc.org					
DR SAMPATH KUMAR K President 9900515287 sampath17k@gmail.com	DR VENKATESH K L President Elect 9611844404 drvenkatbh42@gmail.com	DR PREM KUMAR A Hon Secretary 9886575767 drpremk512@yahoo.co.in	DR RAMESH B S Hon Jt.Secretary 9845472444 rameshshamburao@yahoo.co.in	DR MUNIREDDY M V Hon Treasurer 9900499533 mreddydr@yahoo.co.in	

JULY : Monthly Clinical Meeting held on Wednesday 20th JULY 2022 hosted by SAGAR HOSPITALS - Bengaluru at API BHAVANA

AUGUST: Monthly Clinical Meeting held on Wednesday 17th AUGUST 2022 hosted by ST JOHN'S MEDICAL COLLEGE HOSPITAL

SEPTEMBER : Monthly Clinical Meeting held on Wednesday 21st SEPTEMBER 2022 hosted by BANGALORE MEDICAL COLLEGE





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SSBASICC

"BASIC SURGICAL SKILLS" Course for 20 Surgical Postgraduate Students held on 31st July 2022 and 11th September 2022, conducted by Surgical society of Bangalore Association held at Bangalore Medical College, BMCDT/BMCAA Surgical Skill Centre.

A walkathon was organised by Vascular surgeons with Surgical society of Bangalore Association held at Bangalore Medical College on Saturday 6th Sept, 2022. The event was started off with an inaugration from the Chief Guest Dr. K Sudhakar, Hon'ble Health & Medical Education Minister.

The walkathon was attended by 200 members taking off from Town hall and ending at Kanteerva Stadium, Bengaluru.









KSCASI Newsletter July-Sept 2022-23

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Master Class Operative Surgery discussions (Video) Session held on Saturday 27th AUGUST 2022 hosted by Surgical Society of Bangalore ASI City Branch in association with Healthium Medtech Limited and Endorsed by Hernia Society of India @ API Bhavana,B engaluru at 6:30pm.

It was attended by 90 members including consultants and Postgraduates of various institutes.











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Dr Chandrashekar N Honorary Treasurer

Hubli Dharwad Branch

President: Dr. K. .Byakodi Secretary: Dr. Prashant Tubachi



The session entailed a live Whipples procedure performed by Dr Shailesh Shrikhande.

It was graced by presence of 200 members held at KCTRI Navnagar Hubli in association with Hubli oncology and Gokarma group.



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Tumkur Branch

President: Dr. Prabhakar G N Secretary: Dr. Satish Babu

On 24 Aug 2022, EC Meeting was held.

On 28th Sept 2022,

 Annual General Body meeting was held and new members were elected
President : Dr. Prashanth BN
Vice president: Dr. Mahesh GS
Secretary : Dr. Chethan L
Joint Secretary : Dr. Kulkarni,
Treasurer : Dr. Vivek PO

Dr. M A Venkatesh Murthy, Senior surgeon of Tumkur for his 35 years of service to the mankind in the field of surgery.

• CME conducted on the same day.





Dr. M A Venkatesh Murthy, facilicitated





KSCASI Newsletter July-Sept 2022-23



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Dr Chandrashekar N Honorary Treasurer

Dr. Siddharth Shenoy

CLINICAL STUDY FOR VALIDATION OF NOVEL PRE OPERATIVE SCORE IN ELECTIVE/INTERVAL LAPAROSCOPIC CHOLECYSTECTOMY TO PREDICT DIFFICULT GALLBLADDER



Introduction

Laparoscopic cholecystectomy is established as the gold standard for majority of patient with benign gall bladder diseases. The advantages of laparoscopic cholecystectomy over open are earlier return of bowel functions, less post-operative pain, better cosmesis, shorter duration of hospital stay,lower infection rate and expenditure. The ability to accurately identify an individual patient's risk for conversion based on preoperative information can result in more useful and accurate preoperative counseling.

Methods

Patients admitted in K. R. Hospital, with minimum of 87 cases undergoing LAPAROSCOPIC CHOLECYSTECTOMY for symptomatic benign gall stone disease and chronic cholecystitis above the age of 18 years. Patient with CBD calculus, where CBD exploration is required, pregnancy, obstructive jaundice, biliary pancreatitis, cardiac diseases, respiratory diseases, coagulation abnormalities are excluded.Pre-op scoring done using factors like BMI>30, males, comorbidities, TLC>11000, multiple stones, prior cholecystitis/pancreatitis, fatty liver, gall bladder thickness >4mm, prior cbd stenting and abdominal Surgeries each are given one point.Score >5 is considered as difficult.Intra-op scoring like duration of surgery >45 minutes, Adhesions, bleeding, difficult GB extraction will be noted.Score >1 is considered as difficult.

Results

In our study the Accuracy for prediction of difficult laparoscopic cholecystectomy was 100%, with sensitivity of 89.7% and specificity 97.3%. The conversion rate from laparoscopic cholecystectomy to open cholecystectomy was 7% which was in accordance with International standards.

Conclusion

Pre-operative prediction of a difficult laparoscopic cholecystectomy not only helps patient counselling but also helps the surgeon to prepare better for the intraoperative risk.Male patients,TLC>11000,Previous Abdominal Surgeries, BMI > 25, thick GB wall and multiple GB stones were significant preoperative predictors of difficult laparoscopic cholecystectomy.



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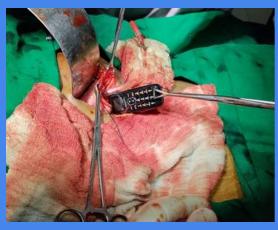


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Dr. Abhishek N Foreign body ingestion

Foreign body ingestion is a relatively common emergency problem mostly seen in the paediatric population. The management of a rare case of an adult patient who swallowed a mobile phone focuses on a lesson learnt from the failed endoscopic management which later required laparotomy for the retrieval of it.

A, 24 year old female was brought to casualty with complaints of pain abdomen since 2 days. Upon detailed history taking patient revealed about the accidental mobile phone ingestion containing a lithium battery 5 days earlier, details of which she refused to reveal. Clinical examination was unremarkable. After initial abdominal X-ray and CECT abdomen, two radio opaque objects were identified in stomach and sigmoid colon. Patient was then taken up for Upper GI endoscopy which revealed a mobile phone case in a disassembled state in the stomach without the battery and it could not be retrieved and later required laparotomy with gastrotomy and sigmoidotomy for the retrieval of phone case and battery respectively.

Post op period was uneventful. Patient was allowed oral diet on post-op day 3 and discharged after psychological counselling.

An ingested mobile phone in a disassembled state in the stomach and sigmoid colon may not be amenable for removal using the current endoscopic retrieval devices and additional modifications are required; failing which open surgery is indicated in the event of ingestion of foreign bodies.





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Dr Chandrashekar N Honorary Treasurer

Interview with Surgeon - Dr. M Vijayakumar



MBBS, DNB, M.Ch. FRCS (UK) FICS FACS PGDHHM

Past Service

Professor & Head, Dept. of Surgical Oncology Director - Kidwai Memorial Institute of Oncology Bangalore Present Designation: Vice-Chancellor Professor of Surgical Oncology Yenepoya Medical College Yenepoya University - Mangalore

- Date of Birth 2 January, 1957
- Place of Birth Chengalpettu / Tamil Nadu
- MBBS- 1979 Government Medical College, Chengalpattu, Tamil Nadu, Madras University
- DNB (General Surgery)- 1985 HAL Hospital, Bangalore
- M.Ch (SurgicalOncology) 1993 Kidwai Memorial Instituteof Oncology,
- PGDHHM-2003 Annamalai University
- FRCS -2007 Glasgow,UK
- FICS- 2019 International College of Surgeons
- FACS-2021 American College of Surgeons, USA



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Dr Chandrashekar N Honorary Treasurer

Dr. M Vijayakumar

Professional Career

He joined Kidwai Memorial Institute of Oncology in the department of Surgical Oncology as a Senior Resident in 1984 and ascended to become Professor and Head of the department till he took voluntary retirement in June 2015.

During that period, he was the visiting Professor in the department of Surgical Gastroenterology, Bangalore Medical College for 15 years.

He was the director for 5 years for Kidwai Memorial Institute of Oncology. During this time he lifted KMIO as State Cancer Institute recognized by Govt. of India.

He has served Surgical Society of Bangalore, ASI CC and Karnataka State Chapter, Association of Surgeons of India as Honorary Secretary.

He was Honorary Secretary for Indian Association of Surgical Oncology at the national level for 2 years and went of to become the President of Indian Association of Surgical Oncology in 2015.

Currently, he is the Vice-President of OSTOMATES India and the Chairman of Task Force dealing with Health promotion and Prevention in Oncology in the National Cancer Grid under the ageis of Tata Memorial Hospital, Mumbai.

He was an Observer in the University of Haidelberg, Germany, University of Bujhon, Fran and University Combined Hospitals, London, UK



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Dr. M Vijayakumar

- The Govt. of Karnataka sponsored him to study the NICE guidelines of NHS scheme in UK, to be incorporated into Vajpayee Arogya Scheme of Govt. of Karnataka.
- He was invited as a Guest of Honour by the British Association of Surgical Oncology, UK, 2009.
- He has been an invited faculty and oOator for European Society of Surgical Oncology held at Liverpool, UK in 2013.
- He was the invited faculty for Brazil Society of Surgical Oncology in 2015.
- In 2017, he was invited faculty by Chinese Oncology Society, Taiwan.
- He edited "YENEPOYA STUDENT SERIES VOLUME-1 ORAL CANCER" released on 9th June 2020.
- He has 70 National and International publications in peer review journals and more than 100 presentations in National and International Conferences.
- He was the invited Orator for
 - SSBASI city Dr Hanumaiah Oration
 - Dr, A J Narendran Oration at State level, ASI
 - Mrs. Radhadevi Oration at the National level, IASO (Indian Association of Surgical Oncology)
 - Karnataka Urology Association (State Chapter).
 - Andra Pradesh State Chapter of ASI
 - Dr Ramaiah Oration at Telangana State Chapter of ASI
 - MIS Oration South Zone Conference of Society of Endoscopic and Laparoscopic Surgeons of India (SELS)
 - Dr. HJ Mehta Oration St. John's Alumni association
 - Sir Dorabji Tata Oration ISO (Indian Society of Oncology)



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Dr. M Vijayakumar

- He has been an examiner for MCh and DNB Surgical Oncology all over the country for more than 15 years.
- He has organised and conducted many live surgery workshops at National and International level, seminars and conferences at Bangalore. Recently, organised a live Robotic Surgical Workshop in the Yenepoya (Deemed to be University), Mangalore.

• My Mentors- "Dr.Joseph Antony, Dr.N C Sarkar, Dr.K S Gopinath, Dr.P.S. Prabhakaran"

- How and why did you choose surgery "During MBBS, seeing role model teachers like Dr. K Jayachandran".
- What would you do different if you get a chance to relieve?- "Learn cancer surgery more aggressively and more methodically".
- Interests beyond surgery "Community Service'.
- Favourite food "FISH"
- Favourite book -" 'Stay alive all your life' by Dr. Norman Vincent "
- Favourite place of travel Nil
- Favourite quote- "For Yesterday is but a dream, Tomorrow is only a vision, But today lived well makes yesterday a dream of happiness and Every tomorrow a vision of Hope."



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Dr Chandrashekar N Honorary Treasurer

Dr. M Vijayakumar

Awards and Accolades





Family

- He has been awarded
 - Dr. Mahadeva Award in 1994 at the State level.
 - The Terry Fox Project in 2001 by Terry Fox Run, Canada.
 - Fellow of Royal College of Physicians & Surgeons, Glasgow 2007.
 - He has been selected for Travel Award to Phoenix, AZ, USA in 2009 by the Society of Surgical Oncology, USA.
 - Hon. Membership, Brazil Society of Surgical Oncology, Brazil 2015
 - "Professor Emeritus" -2021: Rajiv Gandhi University of Health Sciences, Bangalore, on the occasion of World Health Day.
 - Karnataka State Chapter of Association of Surgeons of India during their 39th Annual Conference has awarded "Honoured Surgeons 2021" - 2021
- He has been trained in Robotic Surgery which he has established in Yenepoya Medical College Hospital Under Yenepoya University, Mangalore, where he is currently working as the Vice Chancellor and Professor of Surgical Oncology since 2015.



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Dr Chandrashekar N Honorary Treasurer

Dr. M Vijayakumar

- His areas of Interest in cancer are
 - Creating Cancer awareness and Health Promotion.
 - Surgery of Oral Cancer, Thyroid Cancer, Breast Cancer, Oesophageal Cancer, Gastrointestinal Cancer, Gynaecological Cancer, Bone and Soft tissue Cancer and Paediatric solid tumours.
- Key to your success "Consider success as a journey and not a destination"
- Any message to younger surgeons : "Learn Relearn Update Upgrade".
- Can you elaborate, Sir : "Every 5 years be ready to upgrade your skills".
- Comments on whether to specialise or not : "If we specialise too much we become microscopic and lose sight of the big picture. Have a broad base and then narrow down, if you have a narrow base, you may topple. Also look at your situation, location and needs and act accordingly. Metro cities, may be yes ; tier II cities,No".
- Current Surgical training : "Both the seed and the soil have to improve. Focus has to be on skill based education. Many come out but are not industry ready".
- Any success Mantras which helped you in your practice : "Being patient centric, not speciality centric, maintaining professional honesty".
- Your way to reduce stress : (jokingly)-"Don't let the neighbour's TV decide which TV you should buy.



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Announcements

